

Grief Resource List

Beyond Indigo: Grief and Loss

With a mission to change the way you feel about grief and loss, this web site has many resources including newsletters, a bookstore, message boards and information about such topics as children and grief, finding support, funeral customs, and sudden or violent deaths. In addition, you can be matched with a friend or buddy who has had a similar loss.

WEB SITE: www.death-dying.com

Caring Connections

Among other services, Partnership for Caring operates the only national crisis and information hotline dealing with end-of-life issues.

WEB SITE: www.caringinfo.org

Center for Loss & Life Transition

The center is an educational and training center for bereavement caregivers, with resources also for those who are grieving. A bookstore, newsletter and online articles provide helpful information. The Center is directed by Dr. Alan Wolfelt, known worldwide for his compassionate messages of hope and healing in grief.

WEB SITE: www.centerforloss.com

The Centering Corporation for Grief/Loss Resources

This site features just a few of the resources available through the Centering Corporation, a family owned and operated business that is dedicated to serving the needs of those healing from loss.

WEB SITE: www.centering.org

Counseling for Loss and Life Changes - this website was designed for those who are grieving. The articles, services, contacts, links and workshop information segments are placed with great care and respect. All items included on this site are here for your education and support.

WEB SITE: <http://www.counselingforloss.com/>

Crisis, Grief, & Healing

This site offers discussion boards for individuals to chat about topics related to a personal loss, or grieving in general. There also are articles of related interest and a page where you can journal in honor of someone you have lost.

WEB SITE: www.webhealing.com

Gift From Within

Gift From Within is a non-profit organization dedicated to those who suffer post-traumatic stress disorder (PTSD), those at risk for PTSD, and those who care for traumatized individuals. It develops and disseminates educational material, including videotapes, articles, books, and other resources through its website and maintains a roster of survivors who are willing to participate in an international network of peer support.

WEB SITE: www.giftfromwithin.org

Good Grief Resources

This site serves as a grief referral directory only. It will provide you with complete contact information to find the products and services that will help you on your grief journey or, if you are a caregiver, to help you discover excellent support resources for all kinds of loss.

WEB SITE: www.goodgriefresources.com

Grief Net

Grief Net is an internet community of persons dealing with death, grief or major loss, with close to 50 online support groups. A companion site, KIDSAID, offers a safe environment for children and their parents to ask questions or find information.

WEB SITE: www.griefnet.org

Grief Watch

This web site was created to provide bereavement resources, memorial products and links to help you through your personal loss. It also serves as an education tool for all who travel down the road of grief.

WEB SITE: www.griefwatch.com

Growth House

Growth House provides an international portal to resources for life-threatening illness and end-of-life care. The organization's primary mission is to improve the quality of compassionate care for people who are dying through public education and global professional collaboration. A search engine offers access to a comprehensive collection of reviewed resources for end-of-life care.

WEB SITE: www.growthhouse.org

Journey of Hearts

This site combines elements of medicine, psychiatry, poetry, prose, and images to provide resources and support to those who have experienced loss, be it acute or long-standing. By bringing together these different disciplines and combining various aspects with images and color, they have developed a new style of website, one that can be "experienced" as much as accessed for medical information.

WEB SITE: <http://www.journeyofhearts.org/>

M.I.S.S. Foundation - "When a Child Dies"

The M.I.S.S. Foundation provides ongoing support to grieving families through online support groups and a discussion board for children. The site also has information for bereavement professionals. The site includes articles, a newsletter, MISSing Angels and a downloadable funeral planner.

WEB SITE: www.missfoundation.org

Mom's Halo

Mom's Halo offers support for those who have lost their mother. The site includes a place where you can write a memorial for your mother, online support forums, inspirational stories and articles on how to cope with the loss of a mother.

WEB SITE: www.momshalo.org

Motherless Daughters

This is a site to chat for daughters without mothers

WEB SITE: <http://www.motherlessdaughters.org>

National Catholic Ministry to the Bereaved

An organization committed to serving all people who have experienced the death of a loved one, the National Catholic Ministry is specifically dedicated to spiritual support. This web site contains articles, prayers and brochures and publications for purchase.

WEB SITE: www.griefwork.org

National Hospice and Palliative Care Organization

Committed to advancing care at end of life, this NHPCO also can assist you in finding bereavement resources and counseling services during the illness of someone close, or following the death. Information also is available in Spanish.

WEB SITE: www.nhpco.org

WidowNet - Support for Widows

This web site is an information and self-help resource for and by widows and widowers. Resources on grief, bereavement, recovery and other information helpful to people of all ages religious backgrounds and sexual orientations, who have suffered the death of a spouse or life partner, as well as support forums.

WEB SITE: www.widownet.org

American Association of Retired People (AARP) -

This has grief and loss information including community resources, financial advice, and help with funeral planning

WEB SITE: http://www.aarp.org/families/grief_loss/

Willowgreen Press

This is a wonderful resource for audiovisuals, books, note cards, etc, containing very thoughtful creations by James Miller for healing, for hope, for tending that which is sacred.

WEB SITE: <http://www.willowgreen.com>

Bereaved Parents

The Compassionate Friends

The mission of The Compassionate Friends is to assist families toward the positive resolution of grief following the death of a child of any age and to provide information to help others be supportive. The Compassionate Friends is a national nonprofit, self-help support organization that offers friendship, understanding, and hope to bereaved parents, grandparents, and siblings. There is no religious affiliation and there are no membership dues or fees. The secret of TCF's success is simple: As seasoned griever reach out to the newly bereaved, energy that has been directed inward begins to flow outward and both are helped to heal. The vision of The Compassionate Friends is that everyone who needs us will find us and everyone who finds us will be helped.

WEB SITE: www.compassionatefriends.org

Bereaved Parents

USA - a national non-profit self-help group that offers support, understanding, compassion, and hope especially to the newly bereaved, be they bereaved parents, grandparents, or siblings struggling to rebuild their lives after the death of their children, grandchildren, or siblings.

WEB SITE: <http://www.bereavedparentsusa.org>

First Candle

This is a website for dealing with the sudden, unexpected death of a baby to any cause is devastating - but in the case of a death for which no specific cause can be found, the lack of answers about why your baby has died can be overwhelming.

WEB SITE: <http://www.sidsalliance.org/whenababy/whenababy.html>

Parents of Murdered Children

This website provides the on-going emotional support needed to help parents and other survivors facilitate the reconstruction of a "new life" and to promote a healthy resolution. Not only does POMC help survivors deal with their acute grief but also helps with the criminal justice system.

WEB SITE: <http://www.pomc.com/>

Share Pregnancy and Infant Loss Support, Inc.

This serves those whose lives are touched by the tragic death of a baby through early pregnancy loss, stillbirth, or in the first few months of life.

WEB SITE: <http://www.nationalshareoffice.com/>

Children/Teens

West Virginia Family Grief Center

This is a free program in Morgantown, WV, for children ages 3 to 18 and their parent(s) or caregiver(s). It is a peer support model to help children and families cope with the death of a loved one. It is the only program of its kind in West Virginia. Call for more information or to schedule an information session. Phone: 304-282-4935

WEB SITE: <http://www.wvfgc.org>

Center for Grieving Children

This site offers support and advocacy to grieving families who have experienced a death. Although direct services are not offered in this area, the web site has a newsletter and other materials for professionals and families to guide and support those grieving or working with grieving individuals.

WEB SITE: www.fernside.org

The Dougy Center for Grieving Children & Families

The Dougy Center was the first center in the United States to provide peer support groups for grieving children. We'd like to share with you what we have learned to assist children in grief

WEB SITE: www.grievingchild.org

Kids Aid

This is a safe place for kids to help each other deal with grief and loss. It's a place to deal with feelings in an email support group, to share and view art work and stories, and for parents and kids to ask questions and find answers.

WEB SITE: <http://kidsaid.com>

Kids Konnected - Kids Helping Kids

The mission of this organization and web site is to provide friendship, understanding, education and support for children who have a parent with cancer, or have lost a parent to cancer. The site offers a 24-hour hotline, links to other cancer resources, information on summer camps and social events.

WEB SITE: www.kidskonnected.org

Suicide

American Association of Suicidology

An education and resource organization dedicated to the understanding and prevention of suicide

WEB SITE: <http://www.suicidology.org>

American Foundation for Suicide Prevention

National not-for-profit organization exclusively dedicated to understanding and preventing suicide through research and education, and to reaching out to people with mood disorders and those affected by suicide.

WEB SITE: <http://www.afsp.org/>

National Center for Victims of Crime (homicide/suicide)

WEB SITE: <http://www.ncvc.org/ncvc/Main.aspx>

National HopeLine Network

The National HopeLine Network provides crisis information for those who are contemplating suicide, and counselors available at all times to listen and offer assistance with obtaining local counseling help.

WEB SITE: www.suicidehotlines.com/national.html / PHONE: 1-800-SUICIDE

National Organization for Victim Assistance

Organization of victim and witness assistance programs and practitioners, criminal justice agencies and professionals, mental health professionals, researchers, former victims and survivors, and others committed to the recognition and implementation of victim rights and services.

WEB SITE: <http://www.trynova.org>

Sibling Survivors

A web site dedicated to support for people who have lost a sibling to suicide.

WEB SITE: <http://siblingsurvivors.com/>

SPEA Suicide Prevention Education Alliance (SPEA)

To prevent suicide and promote recognition of adolescent depression through education and alliances with community partners.

WEB SITE: <http://www.helppreventsuicide.org/>

Pet Loss

Association for Pet Loss & Bereavement

Professionally trained volunteers in pet bereavement counseling, and are here for you. Our beloved animal friends have brought us together, and in honor of them we are now all here for each other, as well.

WEB SITE: <http://www.aplb.org/>

Pet Loss Grief Support

Website for pet lovers who are grieving over the death of a pet or an ill pet. Here you will find personal support, thoughtful advice, The Monday Pet Loss Candle Ceremony, Tribute Pages, healing poetry like Rainbow Bridge & much more.

WEB SITE: <http://www.petloss.com>

Pet Loss Support

Tips on coping with pet loss

WEB SITE: <http://www.pet-loss.net/>

Professional Resources

Association for Death Education and Counseling. A thanatologist is a professional with specialized education and/or certification in dying, death and bereavement whose professional responsibilities include working with the dying and/or bereaved. ADEC members are primarily counselors and death educators. ADEC is one of the oldest interdisciplinary organizations in the field of dying, death and bereavement. Its nearly 2,000 members include a wide array of mental and medical health personnel, educators, clergy, funeral directors and volunteers.

<http://www.adec.org/>

American Academy of Bereavement. CMI Education Institute, Inc. is a non-profit organization committed to providing high-quality education and training for health care professionals, counseling professionals and the general public on topics related to palliative care, mental health, grief and bereavement, serious illness, loss and/or other subjects of interest to healthcare and mental health professionals, and all persons working with those who are grieving and/or suffering from physical or mental illness. The American Academy of Bereavement (AAB), a non-profit organization founded in 1993, is a national association devoted to the education, preparation and advancement of bereavement specialists. AAB serves as a stepping-stone for professional and personal growth in the field of bereavement. As an AAB member you will have the opportunity to establish relationships with colleagues across the country. Through seminars, a yearly conference and networking, members are able to discuss the challenges and the gifts of this unique work.

<http://www.cmieducation.org/content/pages/home.php>

American Psychological Association. a scientific and professional organization that represents psychology in the United States. With 148,000 members, APA is the largest association of psychologists worldwide.

<http://www.apa.org/>

National Institute of Mental Health is the largest scientific organization in the world dedicated to research focused on the understanding, treatment, and prevention of mental disorders and the promotion of mental health
<http://www.nimh.nih.gov/>

American Academy of Child & Adolescent Psychiatry - a membership based organization, composed of over 7,500 child and adolescent psychiatrists and other interested physicians. Its members actively research, evaluate, diagnose, and treat psychiatric disorders and pride themselves on giving direction to and responding quickly to new developments in addressing the health care needs of children and their families.
<http://www.aacap.org/index>

Hospice Foundation of America (sponsors the yearly Teleconference) exists to help those who cope personally and professionally with terminal illness, death and the process of grief and bereavement
<http://www.hospicefoundation.org/>