

## Bereavement Services Offered by Morgantown Hospice

Following are services offered by Morgantown Hospice for bereavement care of our families and for those in the community needing support. I can be reached at (304) 285-2777 or e-mail at [tederickp@monhealthsys.org](mailto:tederickp@monhealthsys.org). Don't hesitate to contact me if you have questions or just want to talk. There is no charge for the services listed below except for certain continuing education offerings described in the last item\*\*.

- Supportive phone calls by the Bereavement Coordinator or volunteer
- Information about Social Agencies and Community Services that you may need to contact
- Personal visits with you at my office, your home or other location by appointment
- Referral for Grief or Spiritual Counseling
- Guidance or help with financial questions or concerns
- Referral to the West Virginia Family Grief Center to support children ages three to eighteen and their parent(s) or caregivers. You may visit the website at [www.wvfgc.org](http://www.wvfgc.org), call 304-282-4935 or e-mail at [WVFGC@hotmail.com](mailto:WVFGC@hotmail.com) for more information about this free program.
- The Morgantown Hospice Bereavement Support Group meets the second and fourth Tuesday of each month from 7:00 to 8:30 PM at the Village at Heritage Point below Mon General Hospital. It is open to any adult in the community who is grieving the loss of a loved one. It is OK to bring a friend or family member. A reminder of meeting dates and times or special events will be mailed to you about every 3 months.
- Our "Working Through Grief" group is for newly bereaved (less than 6 months since the death of a loved one). This 3 session group is offered 3-4 times per year. You may contact me about when these sessions are going to be offered.
- "Seasons of the Heart" Memorial Flower Garden is for you to plant a living memory.
- Other grief literature and information as needed or requested
- Speaking engagements about grief related issues with your group or organization can be arranged as well.
- \*\*Continuing education opportunities are offered 1-2 times per year with an expert speaker or program on various topics relevant to grief and bereavement. These are open to the community and helping professionals as well as special offerings for bereaved individuals.

If you would like to be included on my mailing list for special offerings and/or quarterly letters and support group notices, please contact me directly by the phone number or e-mail address at the top of this page. Sharing and learning about your own grief journey is a large part of healing. Mother Theresa is quoted as saying "Yesterday is gone, tomorrow has not yet come. We have only today. Let us begin".

Patricia Tederick, Bereavement Coordinator  
Morgantown Hospice